

## *Beef and Vegetables*

- 1 medium onion, chopped
- 1 garlic clove, pressed
- 1 tablespoon olive oil
- ½ red bell pepper, cut into 1-inch pieces
- 1 (8-ounce) package sliced fresh mushrooms
- 1 pound reserved roast beef
- 1 cup reserved gravy
- ½ teaspoon ground ginger (optional)
- 1 tablespoon chopped *rosemary*

Saute onion and garlic in hot oil in a large nonstick skillet over medium-high heat 3 minutes or until tender. Add bell pepper, and cook 2 minutes; add mushrooms, and cook 3 minutes. Stir in roast, gravy, and if desired, ginger and rosemary; cook until heated.

Serves 4.